



HELPS WELFARE SOCIETY

In Collaboration with NSS GNDEC



About HELPS

A student organization which was established with a holy notion of service the group of seven service-oriented member having a common vision of social service came together and finally founded HELPS WELFARE SOCIETY & working under the guidance of Prof. Shivani Arora Abrol and Ameeta Sheera of GNDEC, Ludhiana.

OUR VISION

- Our vision is to make a better India which provides basic Health, Education, Liberty, Peace & Empowerment to every citizen.
- To create a child friendly society, where all children are free from exploitation and receive free and quality education.
- Protection of environment and promote safe practices for preservation of eco-balance.

AIMS & OBJECTIVES

Basic aims and objects shall be:

1. Work for the welfare of common people through Health, Education, Liberty & Peace.
(To identify and work alongside the economically and socially deprived, the physically and mentally challenged - starting with children, so that they become educated, skilled and aware. Enable them to be self-reliant and enjoy a healthy, dignified and sustainable quality of life).
2. Create awareness amongst citizens for their rights and privileges.
3. Help people to fight against social evils like corruption, Dowry, Ill-treatment of citizens by government departments/officials.
4. Protection of environment and promote safe practices for preservation of eco-balance.
5. Fight against all sources of pollution like air, water, noise etc.
6. Help elderly people and senior citizens in health care, protection and legal rights.
7. Educate people on rights about education, freedom and privileges granted under constitution.
8. Gather information under RTI act for eradication of corruption.
9. To expose malpractices adopted by educational institutions, Hospitals, Travel agents to safe guard interest of parents and general public.
10. To receive any sum or sums of money as gift or donations in cash or kind or subscriptions given to or acquired by any other means by in order to spend on fulfillment of all or any of the objects of the society.

OUR ONGOING PROJECT

1. AABHA ek-nayi-kiran
2. Vastra Anudan
3. Cleanliness Mission
4. Utkalit ek-nayi-pahal

1. AABHA ek-nayi-kiran

AABHA is just not a project, it's a proud for HELPS. AABHA'S tapestry is itself a glory for HELPS. It all started with an idea to educate the children of 4th grade staffs so that they may also move with same impetus as we were running. We wanted to give quality education. We got abrupt amount of support and we decided to increase its beneficiaries and our team started survey

to calculate the number of children in poverty-stricken areas. We came out with a lot of entries. It was around 200+. Then what? We started our project AABHA with a tagline *ek-nayi-kiran*.

AABHA in itself means shine out of darkness and same is our project. It is a project under which we provide free and quality education to those who are deprived of this due to socio-economical barriers. We are looking forward towards more educated India. We believe education is the root development. We provide all the basic stationary to these children, so we need your help. We are the first in GNDEC, Ludhiana with this generous initiative to give free education to the underprivileged children and we are now conduct it on a large scale to increase the beneficiaries of this initiative.

2.CLEANLINESS MISSION

It is the place where we live, on which we are dependent. It's our prime duty to protect our environment from degradation and promote sustainable development programmes. Our team work on such programmes which may create a sense of responsibility amongst the citizens of INDIA so that they may stand, not to cut trees rather to protect them.

HELPS N.G.O organize "CLEANLINESS MISSION " event every year on the occasion of Gandhi and Shastri jayanti . Members of NGO and students of GNDEC also try to aware the people about hygiene with the slogans like "Gandhi ji believed cleanliness next only to Godliness.

With the slogans " *hamara bharat swachh rhe , sawasth rhe* "

3.VASTRA ANUDAN

VASTRA ANUDAN is a campaign started by HELPS N.G.O. in India that aims to remove the plight of economically backward classes by providing clothes in every winter.

MANAVTA is symbol of selfless service and attempt to serve needy without expecting anything." VASTRA ANUDAN ". event in which cloths distribution to poor and needy people has been done by HELPS N.G.O. every year since Nov. 2016.

4.UTKALIT

"UTKALIT" ek-nayi-pahal a project on women empowerment started by HELPS Welfare Society. An initiative to support those who often are forgotten in course of life. As we know at the age of 40 plus, muscle mass starts to deteriorate, one may more likely to put on weight, menopause may (or may soon) start, and risk of chronic diseases like cancer, heart disease, and diabetes begins to increase. One of the best ways to stay healthy is by getting enough of the right vitamins and nutrients.

This project will aim to provide good health for women in underprivileged section of society or backward areas by providing necessary medications or supplements such as calcium, vitamin B12, vitamin D, Magnesium, Potassium, Omega – 3s, Probiotics etc.

Our Events.

1.BHARAT YATRA LED BY NOBEL PEACE LAUREATE KAILASH SATYARTHI JI

**2.SIGN COMPGAIN IN GNE COLLEGE AND SARAS MELA ON 6TH OCT TO SUPPORT BHARAT YATRA
SIGN ON 70M LONG FLEX**

3.SUPPORT OF AMAZON TEAM

4.CANDLE MARCH -MARCH FOR JUSTICE HELD ON 16/04/2018

5.WRITE FOR THE CAUSE

6.STATIONARY DONATION AT AABHA CENTER

7.BAISAKHI CELEBRATION

8.ANNIVERSARY CELEBRATION

9.REPUBLIC DAY CELEBRATION

10.INDEPENDENCE DAY CELEBRATION

FOR FURTHER INFORMATION,REFERE –

<http://www.helpsnngo.in/>

<https://www.facebook.com/helpsnngo/>

